

# Name Embroidery Kit

## Beginner Guide for Hand Embroidery

### What this guide will help you do

Set up your pattern and hoop on small child's item.

Thread your needle and start stitching with confidence.

Use one simple stitch, the **backstitch**, to embroider the full name on your template.

This kit is built for first-time stitchers. Go slowly, keep your stitches small, and do not worry about making every stitch perfect. A handmade piece should look handmade.

| Included in your kit           | What it is used for                             |
|--------------------------------|-------------------------------------------------|
| Pre-printed Name pattern       | Shows you exactly where to stitch the name      |
| Embroidery hoop                | Keeps the fabric tight while you stitch         |
| Embroidery needle              | Carries the floss through the fabric            |
| Needle threader                | Helps pull floss through the needle eye         |
| Full skein of embroidery floss | The thread used to stitch the name              |
| 3 straight pins                | Holds the paper pattern in place before hooping |

### You will also need

Sharp scissors and the item you want to embroider.

## Step 1: Choose where the name will go

Lay the item flat on a table.

Place the pre-printed name pattern on the fabric. Make sure the name is straight and centered where you want it.

## Step 2: Pin the template to the fabric

Use the 3 straight pins to hold the paper template in place.

### Simple check before hooping

Hold the item up for a second and look at the placement. If it looks crooked now, move the template before you add the hoop.

## Step 3: Put the item in the hoop

Loosen the screw at the top of the hoop. Separate the hoop into two pieces: the smaller inner hoop and the larger outer hoop.

Slide the inner hoop inside the item, directly under the pattern. Place the outer hoop over the top so the fabric and pattern are held between the two hoop pieces.

Gently pull the fabric until it feels smooth and firm. Tighten the screw. The fabric should feel tight, like a drum, but not stretched out of shape.

### Tip for small clothes

On a onesie or 2T item, extra fabric may bunch around the hoop. That is normal. Smooth only the area inside the hoop.

## Step 4: Cut and prepare the floss

Cut a piece of floss about 18 to 24 inches long. Shorter thread is easier for beginners because it tangles less.

Embroidery floss usually has 6 small strands twisted together. For a soft name on baby or toddler clothing, separate the floss and use 2-4 strands. If you want a thicker look, use all 6 strands.



## Step 5: Thread the needle

Push the wire loop of the needle threader through the eye of the needle. Put the floss through the wire loop. Pull the needle threader back out of the needle. The floss will come through the needle with it.

Tie a small knot near the floss ends. You are ready to start stitching.

## Step 6: Start the first stitch

Start from the back of the fabric. Push the needle up through the fabric and the printed template at the beginning of the first letter. Pull the floss through until the knot catches on the back.

Now push the needle back down a short distance away, following the printed line. This makes your first stitch.

### First Stitch

Bring the needle up at Point A.

Insert the needle down at Point B.

A ----- B

## Step 7: Use the backstitch for the whole name

Backstitch is the only stitch you need for this project. It makes a clean line that works well for letters and names.

| Backstitch pattern | What to do                                                         |
|--------------------|--------------------------------------------------------------------|
| 1                  | Bring the needle up a short distance ahead on the printed line.    |
| 2                  | Put the needle back down into the end of the stitch you just made. |
| 3                  | Repeat: come up ahead, then stitch backward into the last hole.    |

Use smaller stitches around curves and slightly longer stitches on straight lines. Try to keep the stitches close together so the letters look smooth.

Pull thread through.

### Backstitch

Bring the needle up one stitch length ahead at Point C.

A ---- B ---- C

Now stitch BACK into Point B.

A ---- B <---- C

### Step 8: Finish a thread

When your floss gets short, turn the hoop over. Double knot then slide the needle under a few stitches on the back side. Pull gently, then trim the extra floss.

### Step 9: Finish the project

When the full name is stitched, remove the hoop and pins. Trim any loose thread tails on the back. If any area looks too thin, add a few small stitches to fill it in.

Your first embroidered name is finished.